

SEASON'S GREETINGS

The Staff of the VOICE extends its best wishes for a Happy Holiday season to all the Residents, Administration, Staff, and to all those waiting to join us here at Broadmead.



Cy Murphy
 Betty Mercer
 Helen Mary Orshest
 Katherine
 Dorothy Graham

Epstein Mahon
Thane Buck
William J. Card


 Margaret Tylor
 Elizabeth
 Nancy Rowe
 Billie Tyson

Deleau, Robert



DEATH IN CHINA

In the province of Jiangsu about halfway between Shanghai and Nanjing is the village of Changzhou. Luck, or a Deity, introduced me to Sujen, a native of that Chinese community. She provided a wealth of information to answer a question originating from the Stella Maris Hospice Care Team: - "How do the Chinese handle death and dying?"

It is to Sujen's mother that Changzhou families with terminally ill or deceased members turn for help and guidance. I heard a description of counseling, of listening and sharing tears and encouragement for acceptance, all similar to hospice "know-how." Oriental religions and thousands of years of folkways have created the need for exceptional expertise in history, burial rites and customs. The training of Sujen's mother started early when, as a little girl, she came home one day to learn that her own mother had been called to a neighbor's home. When there was no response to her knock at the door she peeked in a window. Her mother was assisting in lowering a suicide onto a table. She was told, "Speak to no one of this." Only family, close friends and spiritual leaders were to know and participate in efforts to recall this troubled spirit, and to plead its case through prayer and ritual. She was told, "Dead people cannot hurt you. Only the living can."

To die of old age, - that is the way it should be. A man once visited a Buddhist Monastery bringing a gift and requesting good fortune for himself and family. The host monk said, "May your grandfather, your father and you die." The visitor drew back startled and shocked. The monk added, "in that order." To die out of that order is not good. To die suddenly by

accident or suicide requires special entreaties, calling the spirit or soul back for proper formalities. "If your child dies before you, who is to see to your rightful departure?" In the last days and hours the family gathers. The dying person is prepared for the journey. How you are and what you have goes with you. The daughters prepare bathing equipment. The body must be clean and groomed. The sons gather new clothing and coverings. There should be seven layers. A bowl of rice, an egg and chopsticks stuck into the rice and standing straight up is provided. Never rest your chopsticks in such a position, especially in the presence of Chinese, as it is a very bad omen. Seven days after the death the family and friends gather for further prayer to provide spiritual energy for that extra push to assist the deceased's journey.

This gathering is repeated every seven days for a total of seven times. It is a beautiful way to cope with grief and enrich family ties. In regard to advance preparation I was informed that Chiang Kai-shek had his burial casket built and every year after, that he survived, he added a coat of varnish. It received 12 coats. Some families paint their whole house. Red is for life, white is for death.

The official People's Republic of China directive is that all the departed be cremated. The Tibetans believe the deceased should return to nature as soon as possible in a natural way. The flesh is stripped and bones broken so that the vultures can more quickly accomplish their task. Tibetans would consider Broadmead a very special place; - especially for the availability of vultures.

Harry Patton

"FOR LOVE OF A ROSE"

The climax of the Rose Garden season was a "Sunday Afternoon Walk Through the Garden" in September. The garden was at its best. The roses were showing their most brilliant fall colors with their longest stems.

Sunday, September 8th, was sticky and sultry, but 62 residents braved the weather and were given blooms cut by members of the Rose Garden Committee. The next Sunday was a beautiful day and we welcomed 180 Residents, all rose lovers. There were plenty of blooms for all.

The success of the Rose Garden season was the result of the help and work of many people:

First, the entire project has been made possible through the generosity of many Residents. Even though no general or personal appeal has ever been made, numerous donations have been received; one of the largest by a Resident in memory of her husband, another of the largest has been repeated annually by a Resident who simply loves roses.

Secondly, we owe much to the cooperation of Pat Wilson and Sion Bokobza of Maintenance. Sion faithfully sprayed the beds with fungicides to prevent black spot and mildew, also with insecticides when necessary.

Thirdly, I thank members of the Rose Garden Committee for their help in maintaining all this beauty by mulching, weeding, edging, pruning, cutting dead blooms (believe it or not, during the full flush of blooms in June and September this must be done daily) and winterizing. We ask Leo Bridge, Jack Sauer, Roland Shackford and Lorne Guild to take a deep bow.

Did you know the Rose Garden is in the design of a mandala. What is a mandala?

Webster defines it as a Mystic Oriental Symbol - a representation of deities arranged in a concentric organization of geometric shapes and used as a meditation aid in some Oriental religions.

It gives one a feeling of peace and serenity.

George Conner, Chairman

BULLETIN BOARDS

There is something about an empty space repugnant to most people. Fortunately, those of us here at Broadmead are not addicted to graffiti but somehow our Bulletin Boards seem to attract fillers for the empty spaces. Like stones in the garden, notices seem to proliferate.

The Board of Directors, in an effort to attain order out of chaos, adopted a set of principles governing the use of the boards at the April meeting this year. The gist of these principles is as follows:

1. All notices must be dated and signed.
2. Except for those from Association Committees all notices should be placed in the box on the Information Desk. They will be appropriately placed by the Bulletin Board Committee.
3. Size should generally not exceed letter size paper (8½ x 11 inches).
4. Notices are usually limited to a two-week display and will not be returned unless the sponsor so requests by a note on the back.

ILLEGAL IMMIGRATION

There are three million to twelve million illegal aliens who enter the United States every year one way or another, according to Raymond B. Penn, District Director of the Maryland District of the U.S. Immigration and Naturalization Service, who spoke before the Discuss Group on November 6th.

His subject was "Immigration - What Is The American Policy?" The group's theme for the first half of 1985-86 is "Global Pressures and National Tranquility - the Challenge to the Sovereign State."

Although the entrance of aliens takes place mostly across our borders, other such entrants come from every direction, Mr. Penn revealed. They come from all the places where the economic situation in the home country makes the U.S. the "promised land" for those who want to better their lot. Tracing efforts to regulate immigration from 1789, the speaker stressed that, with the economic situation in the U.S. now changing, it is up to Americans to decide if they can continue to open their gates to immigrants "who compete for jobs that Americans should be filling."

In answer to questioning, Mr. Penn revealed that thousands of illegal aliens hold jobs that pay much higher than the minimum wage. In showing the importance of illegal immigration, he pointed to the fact that over one-half of all babies born in Los Angeles hospitals are the children of illegal aliens.

In addition to crossing borders illegally, aliens enter by virtue of faked marriages, counterfeit documents, and by jumping ship, it was explained.

Two ways to discourage illegal immigration advanced by Mr. Penn are for the U.S.A. "to

help developing countries to improve the lot of their citizens so that they will not need to seek employment in this country" and "to penalize those employers who knowingly employ illegal aliens."

Jim Fleming

HOBBY SHOW

The '86 Hobby Show will be held on Tuesday, February 4th from 11 A.M. to 7 P.M. We need interesting things for display. If you are making things for Christmas, save one for the show. More details will follow. Remember the date.

June Kerr

CLEAN AIR

Filter your air with plants. The National Space Laboratory in Bay St. Louis, Mississippi, suggests that you get a Spider Plant (*Chlorophytum*), Devil's Ivy (*Pothos*) or a Chinese Evergreen (*Aglaonema modestum*), any of which will filter pollutants from a closed atmosphere. "One plant per room can cleanse the air of dangerous chemicals found in homes, among them formaldehyde, a chemical used in plywood, carpets, fabrics, plastics and furniture."

Beaver Dam marble was of exceptionally high grade and was used for part of the Washington (DC) Monument, Peabody Conservatory, the spires of St. Patrick's Cathedral in New York City, the U. S. Post Office in DC and the 108 monolithic columns of the Capitol Building as well as countless white steps of Baltimore City.

SHARE WHAT YOU SEE - SEE WHAT IS
SHARED

Our seventh "Bird and Nature" year began October 1st. and everyone is urged to participate in exchanging information about the world of nature - especially birds as seen at Broadmead. Please remember your observations (none are too insignificant) on the pad on the bulletin board by the drinking fountain.

Thanks to the 26 Residents who made 104 entries last year. Such records are both interesting and valuable in interpreting many factors in the environment, since birds are the best indicators of ecological changes and trends. For example: In late winter of our first year many bluebirds were seen perching in Cluster areas. Were they looking for the field with nest sites they had once called home but which is now Broadmead?

A barred owl nested here until her tree was felled by a storm in 1981....When Broadmead opened an oriole nest hung over the Spring House. None has been seen here since but a pair nested across the stream....The flock of vultures, roosting in winter on the hillside increased markedly one year when nearby woodlands were decimated for development.

Surprisingly, several species of shorebirds and gulls appeared the first year because they were attracted to the mud flats and shallow water of the storm basin near B and D Clusters. They did not return after grass replaced the mud....Wood ducks nested in the cavities of our old decaying trees but seem to have moved down stream.

Are we losing the veery that used to sing on our evening bird song walks because North Park has encroached upon its once-secluded

nesting grounds? Strangely, no brown thrashers have been reported since 1981! Why?

Our hanging plants have been nurseries for broods of mocking birds, house finches and Carolina wrens. House finches have nearly taken over our feeders! Catbirds have increased as our shrubbery has burgeoned. With brilliant song they have been claiming their berry-laden winter territories. Cardinals seem to be more in evidence, probably responding to growing protective cover.

When cattails first appeared in the pool, red-wing blackbirds began nesting immediately. Carolina wrens, for the first time, raised their families in the hedge-row between pool and meadow when it became large enough to meet their requirements. A great horned owl family keeps the rodent population in check (rabbits not withstanding) and the screech owl became Broadmead's 125th species last spring. Our barn swallows return every summer to swoop and sweep up many thousands of insects a day.

Happily, the bluebirds did better in 1985, fledging 15 young from the two nest boxes. In '84 house wren interference, with disastrous results, necessitated moving the boxes farther from the accumulated brush and vegetation which had drawn the wrens too close. NOTE: If you see a leg band on a bluebird, please call Nancy Rowe: Four hatchlings from white (usually blue) eggs were banded in June.

Thank you, in advance, for all the observations you will continue to report for all of us to enjoy.

Nancy Rowe

DEADLINE 12/15/85

DEAR SANTA:

You probably have not heard from Broadmeaders for quite a while. Although we are beyond the age of having interest in Pla-Do or slinkies, we don't want you to forget that we are here. We'd like to make a few suggestions in case you are planning a visit to us, and we certainly hope you are. We're not actually asking, merely suggesting, a few thoughtful gifts, any one, or all of which would be welcome.

A few of us here yearn for a swimming pool. Most of us know we wouldn't use it much, so a good second-hand one would be just fine.

Then there are those dining-room curtains. Some people are very unhappy when they can't look out the window at every meal to see the trees and the sky. But many of us really suffer when the light is bright and glaring. Could you find some curtains before spring that we could see through as if they weren't there, but that would keep out glaring light? You could make everyone happy with this one.

Have you ever come across a bus that never needs repairs and is always the right size for the current load? We'd love one of those.

Here are a few special suggestions for special people:

Pat Rodak (she's the one on the right as you go in the office) - A small, portable, fully air-conditioned zoo for her pet animals.

Lucia Weiss - A radar, or eyes for the back of her head, to tell her when it is safe to go backwards.

Martin Trueblood - A special earphone scrambler that transforms complaints into praise.

Doug Bareis - One dinner a month with no broken dishes and no complaints.

Ladies with dogs - A squad of elves, or maybe your helpers on their days off, to walk dogs in bad weather.

Our Grounds Crew - No-mow grass. Maybe a special fertilizer would keep grass a deep Kelly green and always only 2 inches high.

For Outpatient - A magic ring around Broadmead that kills cold and flu bugs dead before they cross our boundaries.

For the Library - Space.

For All of Us - Memories that work instantly.

Hopefully - Your Friends,

Leo and Helen

Speaking for Broadmeaders

MISCOUNT

Please blow tenderly on your spark of Divinity for the Voice has erred. We told you that there were 14 sets of siblings here at Broadmead. Phone calls and afterthoughts lead us to believe that the correct total should be 17.

We had considered asking for forgiveness but felt that it would be easier for you to withhold it and just do it all later on for any future errors this year.

lb



"Sixth Annual Barn Sale"

November 7, 8, 1985 The Sixth Annual Residents Association Barn Sale-- These facts may be of interest:

- A committee of twenty-five Residents worked throughout the year sorting and pricing donated articles. Other Residents often came to lend a hand.
- Maintenance men assisted in bringing donations from apartments to the Center when Residents needed help. In preparation for sale days they set up tables and moved everything to the sale area and later moved things back to the storage room.
- Nancy Grant designed and typed all those delightful notices. Dave McIntyre ran off the copies.
- Harry Tylor and Denny Phillips made necessary repairs to things which had been received.
- On the sale days about one hundred Residents worked (note that "twelve" were needed on November 20, 1980).
- Esther and Cyril Mahan served as head cashiers and then counted and deposited the money which was received. This they have done each year since 1980.
- The Housekeeping Department picked up empty cartons and other trash as needed, and cleaned the rooms and hall after the sale.
- Clothing not sold was held over for a clearance sale. Other items were either packed to be held over for future sales or were donated to the Epworth Methodist Church for its Thrifty Penny sales. Clothing which is not held over after the clearance sale will be given to the American Friends Service Committee.

AND Many, many people came to the sale, made many purchases, and seemed to enjoy being there. The usual spirit of pleasure and satisfaction prevailed.

TOTAL RECEIPTS: \$7,917.80

NEXT SALE: CLOTHING CLEARANCE
WEDNESDAY, DECEMBER 11:
10:00 A.M. - 3:00 P.M.

Kathaleen Kennedy,
Chairman
Barn Sale Committee

LARGE PRINT BOOKS

The gifts of several Residents for the purchase of large print books is enabling the Library to acquire gradually more than a dozen new titles in this category. Wherever we could, we have ordered the paper editions so that our money will stretch as far as possible, and our Binder-in-Residence, Anita Corfman, is in effect "binding" the paper copies.

The selection is varied and reflects, we hope, the taste of the readers, as well as showing that the publishers are making better material available in large print.

Among the new titles already in the Library are: Barbara Tuchman, The March of Folly; Helen MacInnes, Ride a Pale Horse; Howard Fast, The Outsider; Dick Francis, Proof; and Louis L'Amour, The Walking Drum.

The Library, in behalf of many Residents, is most grateful for the generosity of our friends.

E.C.S.

The third and last Almshouse in the county is still on the hill above the Library. Once referred to as Uplands it was built for \$60,000 using stone quarried on the premises.

BREAD PUDDING CONTEST

Have you a delicious recipe for Bread Pudding? Why not submit your recipe to the taste test and find out if your likes are our likes?

The Food Service Department would like to make a bread pudding which meets with the approval of a majority of the diners. Doug Bareis, Food Service Director, invites you to submit a recipe for a tryout. Give it to him personally or slip it in the Food Service Message Box. Each recipe will be made and taste-tested by a small group. The two or three best will be made up in quantity for serving in the main Dining Room. A random sampling of opinion will determine the winner which will then be chosen for periodic inclusion on the dessert list.

Don't be bashful. You may be crowned King or Queen of Broadmead Bread Pudding Makers. Get your recipes in no later than December 15th. Do it today!

V.I.C.



The Decoration and Flower Committee will put up the Christmas decorations on December 3 beginning at 10 A.M. We will make a "MESS" in the halls and dining room all morning and maybe into the afternoon SO ----will you please assist us by using the halls as little as possible and BEING VERY CAREFUL

NEW BOOKS

The Committee has authorized the acquisition of the following titles for the Broadmead Library in honor of Kennett Hinks and Sydney Sherwood:

Ambrose, S. Eisenhower, Vol. II, The President.
Barnett, O. The Making of Foreign Policy in China.
Bryce, J. The American Commonwealth.
Cohen, M. The Pathless Way. John Muir & the American Wilderness.
Connell, E. Son of the Morning Star: Custer & the Little Bighorn.
DeTocqueville, A. Democracy in America.
Kennan, G. The Fatefull Alliance: France, Russia & the Coming of the First World War.
Manchester, W. The City of Anger.
Shippo, J. Mormonism. The Story of a New Religious Tradition.
Terkel, S. The Good War: An Oral History of World War II.

These titles should be on our library shelves for your reading enjoyment in the near future. Similar purchases in the years ahead are intended by the Committee. For this purpose we solicit funds from any Residents who are interested in assisting in the purchase of new books in the area of public affairs. Hopefully you will consider the Hinks-Sherwood Book Fund as you contemplate making charitable gifts toward the close of the year.

Make checks payable to Charles Baldwin and designate the money for the Hinks-Sherwood Memorial Book Fund. The gift is tax-deductible.

Ken Walker

Hinks-Sherwood Memorial

New Residents

SHROAT, Richard and Lucretia A-b,
667-0691

They have lived in the Sparrows Point/Dundalk area for 45 years, coming here from Camp Hill and Harrisburg, Pa.. Both attended Dickinson College, graduating in 1933 and 1934.

Richard worked for Bethlehem Steel in the Metallurgical Department, Sheet and Tin Mills. He is interested in photography, wood-working, classical music, and gardening. Since retirement both he and Lucretia have taken a variety of courses at Dundalk Community College.

Lucretia taught in the high schools in Pennsylvania and Maryland for 23 years, the later years as a guidance counselor. She has her M.Ed. from John Hopkins. During World War II she was a volunteer nurse's aide. She has done volunteer work with the Girl Scouts and enjoys sewing, card games, and shares her husband's interest in music.

K. Dow

Ed. Note: After several years of faithful service Kay is retiring from the VOICE. Her work has been interesting and useful to all of us in getting to know new friends. We shall miss her and she will be the first to miss meeting the new arrivals.

In Memoriam

MAMIE E. PHILLIPS

August 5, 1902 - November 14, 1985

HALLOWELL DINING ROOM

Several changes in the operation of the Hallowell Hall dining room have been initiated. In response to occasional overcrowded seating conditions, the hours for the lunch and dinner meals were expanded. In addition, the lunch and dinner meals now have two separate servings. The plan is as follows:

LUNCH

First Seating:

11:30 - 12:30 P.M.

Second Seating:

12:30 - 1:30 P.M.

DINNER

First Seating:

5:00 - 6:00 P.M.

Second Seating:

6:00 - 7:00 P.M.

The Board of Trustees Food and House Committee is also working with staff and residents on the interior design and equipment in the diningroom. Also planned are the purchase of desk arm wheelchairs and new uniforms for the female servers. The desk arm wheelchair will enable the resident using it to get closer to the table than with the conventional arm. The intent of these plans is to make the Hallowell Hall diningroom a more pleasant place to eat, meeting the many needs of those who eat there.

LEST YOU FORGET

Your contribution to the Employee Gift Fund should have been in by December 2nd but better late than never. Late contributions will be held over for next year.

PROGRAM NOTES

The Semi-Quavers are a singing group from Roland Park Country School.

Fifty girls make up the Upper School Choir of Bryn Mawr School. They will give a Christmas Concert.

All Residents are invited to the Holly House Open House to enjoy the Christmas decorations and refreshments.

The Pot Spring Elementary School is bringing another delightful musical play, by the 3rd graders.

The Friends School Upper School is presenting its annual Christmas Concert.

Denny Phillips' trip includes Tokyo, Taiwan, Formosa, Manila, Thailand, Singapore, and Hongkong. In addition to slides, there will be a map and snapshots to see on the way in or out.

Fifth graders of St. Paul's School for Boys will sing Christmas songs and visit again with members of the audience.

The Melodies Classic is a group of three singers and a pianist, one of whom is Joan Jackson, nurse's assistant on Hallowell. Together since the '60s, they have appeared on Ch. 13, as well as at hotels, service groups, and nursing homes around the city.

The Residents will have the annual Christmas Eve Carol Sing with Anne Niles playing the piano and David McIntyre giving the reading.

Stan Tepper is sharing his slides of Marc Chagall's stained-glass windows of the synagogue which is part of the Hadassah Hospital in Jerusalem. Mary Craig is the reader.

PROGRAMS

(In the Auditorium unless otherwise noted)

SUNDAY, DECEMBER 1 - 2:15 - Concert by the Semi-Quavers, in the Lounge

TUESDAY, DECEMBER 3 - 9:30 - Discussion Group: Carlyle E. Justus, Manager of International Division, Equitable Bank - "The Impact of International Banking and Investments." All invited.

SUNDAY, DECEMBER 8 - 2:15 - Concert by Bryn Mawr Upper School Choir, in the Lounge.

MONDAY, DECEMBER 9 - 10:30 - Fireside Chat

MONDAY, DECEMBER 9 - 2:30-4:30 - Holly House Open House

WEDNESDAY, DECEMBER 11 - 10-3 - Barn Sale Clothing Half-Price Clearance, in the Sewing Room.

THURSDAY, DECEMBER 12 - 11:00 - "The Christmas List" by Pot Spring Elementary School

THURSDAY, DECEMBER 12 - 7:15 - Concert by Friends School in the Lounge

SATURDAY, DECEMBER 14 - 7:15 - "A Trip Through The Orient" - slides by Denny Phillips

MONDAY, DECEMBER 16 - 11:00 - Singing and Visit by 5th grade of St. Paul's School for Boys

MONDAY, DECEMBER 16 - 7:00 - Trustees' Welcome Coffee, in the Lounge

TUESDAY, DECEMBER 17 - 9:30 - Discussion Group: discussion of banking talk

CONTINUED ON PAGE 11

WEDNESDAY, DECEMBER 18 - 10:30 -
 Sew & So Louis and Klare
 Hamburger THE STORY AND TECHNIQUES
 OF GLASS PAPERWEIGHTS

SAUNDAY, DECEMBER 21 - 7:15 -
 Christmas Program by Melodies
 Classic

TUESDAY, DECEMBER 24 - 7:15 -
 Christmas Carol Singing and Read-
 ing, in the Lounge

SATURDAY, DECEMBER 28 - 7:15 -
 Slides of Chagall's Stained Glass
 Windows, by Stan Tepper and Mary
 Craig

Dot Graham

WINTER STORM

The wind roared a challenge
 At window and door
 Then whistled a screech
 That chilled to the core.

The winter grey sky
 Turned darker, as night
 Chased birds to their roosts -
 Hid moon and starlight.

A white curtain descended
 Amid thunder's roar.
 Lightning sparked icicles
 Hung by the door.

The white mass obscured
 All objects around -
 A swirling thick blanket -
 No sky and no ground.

The snow squall departed
 As fast as it came.
 Only white coverings -
 Deep driftings remain.

Margaret Nelson

OREGON RIDGE

The Newsletter of the Oregon Ridge Nature Center tells of an October 30th visit by members of the Multiple Sclerosis Society and points particularly to the facilities for those whose handicaps limit the ability to get around. Entrances and exits are easy for wheelchairs and paved trails make it easy to move through the woods and enjoy the fall colors.

The Nature Center invites other such groups to call and arrange for special tours (667-0034). The past contribution from the Broadmead Residents Association helped, in part, to provide these facilities.

VOICE OF THE RESIDENTS

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